

Health N Massage®

SHIATSU FULL SIZE CUSHIONED CHAIR MASSAGER



ITEM NO: 900803

MODEL NO: KM8581AA

IMPORTANT SAFETY INSTRUCTIONS

When using an electrical appliance, basic precautions should always be followed, including the following:

READ ALL INSTRUCTIONS BEFORE USING THIS APPLIANCE KEEP AWAY FROM WATER

Keep this appliance out of the reach of children and infirm persons. Young children should be supervised to ensure that they do not play with the appliance.

DANGER – To reduce the risk of electric shock:

1. Always unplug this appliance from the electrical outlet immediately after using and before cleaning.
2. DO NOT reach for a product that has fallen into water. Unplug it immediately.
3. DO NOT use while bathing or in the shower.
4. DO NOT place or store appliance where it can fall or be pulled into a tub or sink.
5. DO NOT place in or drop into water or other liquid.

WARNING – To reduce the risk of burns, fire, electric shock, or injury to persons:

1. This appliance should never be left unattended when plugged in. Unplug from outlet when not in use and before putting on or taking off parts.
2. DO NOT operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
3. Use this appliance only for its intended use as described in this manual. DO NOT use attachments not recommended by the manufacturer.
4. Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water.
5. DO NOT carry this appliance by supply cord or use cord as a handle.
6. Keep the cord away from heated surfaces.
7. DO NOT use outdoors.
8. DO NOT operate where aerosol (spray) products are being used or where oxygen is being administered.
9. To disconnect turn controls to the off (0) position, then remove plug from outlet.
10. Never use while sleeping or drowsy

PRODUCT CARE AND MAINTENANCE

- Place massager in a safe, cool and dry place when out in use.
- Wipe with a soft, damp cloth. DO NOT use abrasive cleaner.
- Never submerge the unit in any liquid. Keep away from all solvents and harsh detergents.
- DO NOT dry clean.
- DO NOT attempt to repair this cushion massager. There are no user-serviceable parts.

Special Features of Your HEALTH N MASSAGE Shiatsu Full-Size Cushioned Chair Massager
The HEALTH N MASSAGE Shiatsu Full-Size Cushioned Chair Massager has several unique design features to help enhance your massage experience:

- Shiatsu Massage Rollers provide deep, kneading massage along the spine, soothing tight, stressed muscles.
- Full-size Design fits easily on your favorite chair, either at home or in the office.
- Leather-like surface cleans quickly with a soft, damp cloth.
- Head-rest Cushion provides maximum relaxing comfort.

SHIATSU ROLLER TECHNOLOGY

The HEALTH N MASSAGE Shiatsu Full-Size Cushioned Chair Massager features a new approach for back comfort and relief. Ergonomically designed rollers give back muscles a deep, soothing Shiatsu massage that relaxes muscles and reduces stress caused during daily activities. The soothing kneading action near the spine also loosens tight muscles and reduces the stiffness caused by stress.

Note to User: Do not use the massager on the following body areas in these instances:

- A. Any area of the body that is swollen, burned or inflamed or where skin eruptions or ulcerated sores are present.
- B. Any area of the body that is anaesthetized or lacks the ability to sense heat, pressure or pain unless approved by your physician.
- C. The abdomen when pain is present.
- D. Legs with varicose veins.
- E. Calves of legs with explained pain.
- F. On or near the carotid artery on the left or right side of the neck.

NOTE: Massage should be pleasant and comfortable. Should pain or discomfort result, discontinue use and consult your physician.

HOW TO USE

At home or at the office:

1. Place the massager on a large, comfortable chair that will support the massager. Use the strap provided on the back of the massager to secure it to the chair.
2. Make certain switch is in the OFF (O) position. Plug adapter cord into remote hand control. Then plug adapter into outlet.
3. The massage control switch must be in the ON (I) position in order to activate the rollers. The rollers will travel up and down the length of your spine providing a relaxing Shiatsu-style massage. To turn off use of the rollers slide the control switch to the OFF (O) position (see Figure A).
4. DO NOT use for more than 20 minutes of continuous use.

NOTE: This unit has a thermostat that may cause the motor and unit to cycle "OFF" if it is kept on for an extended period of time or if the motor overheats. If the unit turns "OFF" by itself, allow the unit to cool down before attempting to use it again.

